



# AGILITY HURDLES



Agility hurdles are used to help improve speed and agility, but they can also aid in rehabilitation. Low profile hurdles provide excellent training for younger kids no matter what the sport. The hurdles can be purchased individually so end users can customise the setup to suit their own requirements. The hurdles are available in 3 different heights and fold away neatly against the fence when not in use. The hurdles are manufactured locally from all-weather materials and come in a black powder coated finish as standard. The Hurdles are suitable for the following Fundamental Movements



**Agility**



**Run**



**Jump**



**Walk**