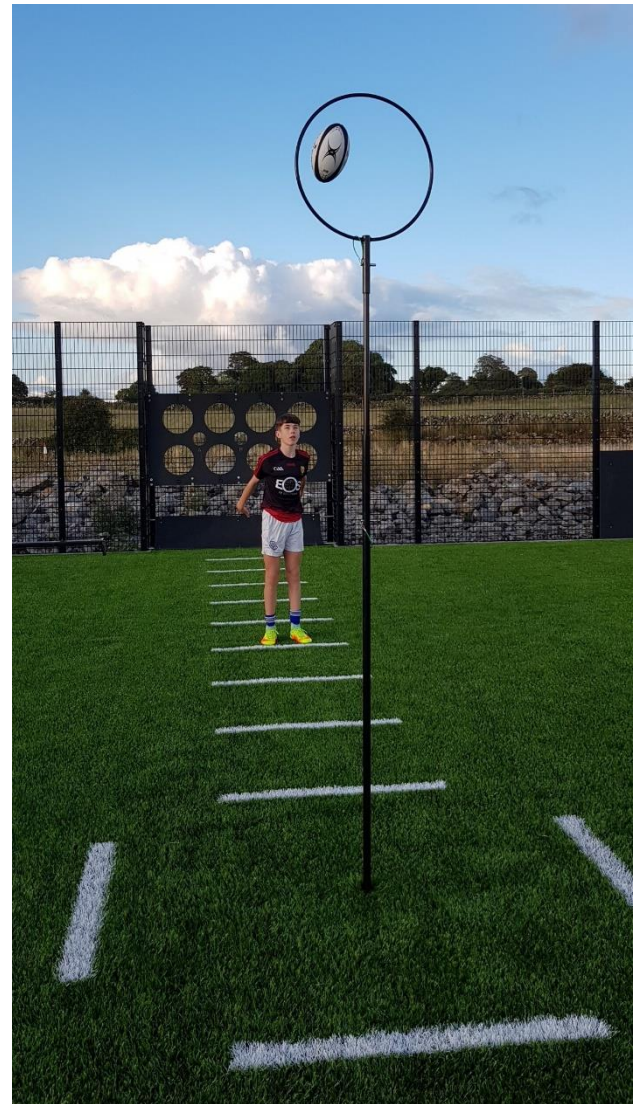




# HIGH THROW



High Throw is an adjustable frame that locates in a socket in the centre of the arena or suitable surface. The frame is easily adjusted to a height that is suitable for the sport required whether it is practicing throw ins for Rugby or Soccer or developing over arm throws in general. The frame comes with a loop and is adjustable to a height up to 4+ meters with 300mm adjustments down the way. The poles fold away neatly into each other when not in use and can be easily stored. The High Throw is manufactured from all-weather materials and come in a black powder coated finish as standard. The High Throw is suitable for the following Fundamental Movements



**Throw**



**Catch**



**Kick**



**Jump**



**Run**